

# Southeast Polk “RAM Showcase” Invitational

Saturday, February 29, 2020

## Visual Adrenaline Schedule

**7:00 a.m.** Meet at AHS—be on time!

- Consider eating something before you arrive.

**8:00 a.m.:** Bus Arrives @ SE Polk HS; Unload and meet in homerooms. (Band/Crew report to equipment area.)

**9:40 a.m.:** Watch Intensity (in auditorium)

**11:30 a.m.:** Watch PM (in auditorium)

**2:10 p.m.:** SHOW READY/

/Meeting/Notes in one of the homerooms

- Keep an eye on the time & plan accordingly; including when you’ll eat!

**3:00:** Warm-up

**3:30p.m.:** *Performance in auditorium*

- Followed by critique
- Hang up costumes in the homeroom before eating, watching other groups, etc. (Please show respect to the costumes and the parent volunteers who are assisting with them.)

**5:00:** Awards (in GYMNASIUM)

**6:30:** Finals begin (if any Ankeny group is selected.)

**10:00:** Finals Awards (*in auditorium*)

Arrive Home:

**Approximately 11:15p.m (fluid based on many factors.)**

### **\*To Bring “Check list”:**

*Women*—Black dance heels, nude color hose, corset (duct tape), personal make-up, hair products. Reminder: No colored nail polish or jewelry.

*Men*—Shoes, two pairs of black socks (make sure they’re tall enough), belt, dark compression shorts, hair products.

*Band*—All black dress clothes (you may wear this all day), folder w/music, horn/equipment-double check everything!!

*Crew*—All black clothes for performances.

*All*—Money for meals/snacks

### **Reminders:**

\* Truck Loading/Unloading: Truck will be loaded at AHS on Friday at 4:00; please help if you are able; many hands make light work! It is everyone’s responsibility to assist with trailer upon arrival at AHS Saturday night (Sunday morning)

\* **SE Polk HS is located in Pleasant Hill at 7945 NE University Ave.** Parking areas will be labeled.

\*Students are required to ride school transportation to and from show choir events and are not permitted to leave the SEP HS campus without permission for any reason; stay with the group!! A note/email is required if you plan to ride home with a parent and not on the bus-Please provide this by Wednesday.

\*Busses are assigned; you must ride the same bus to and from the event.

\*Student dress options: 1.) Nice school clothes w/Ankeny Show Choir jacket OR 2.) “Business Casual.” Ladies, watch the length of your skirts. Band: You may wear all black for the day, should you choose to change just for the performance, you will also need to follow the “business casual” protocol.

\*In time not spent preparing for performance, you are encouraged to watch as many other groups as you can; you **MUST** attend all AHS Show Choir performances. Plan your preparations accordingly.

\*Remember that at all times you are representing your school, vocal music department, families, and community. You only get one chance to make a first impression! Make sure you are polite and courteous at all times and represent AHS positively in your actions throughout the day; not just while you are on stage. (This includes homeroom activities, music choices, digital citizenship, etc.) Live the HAWK WAY! #trustfamilybelievehawks

\*No food in the homerooms except for water. Please visit the concession stands as opposed to bringing in outside food. (If you have special dietary concerns, see the director.) Homerooms need to be returned to the state they were found before we depart—this is EVERYONE’S responsibility.

\*Additional costs: Non-performer admission-\$10.00 for the day; \$8.00 Finals Only. All Day Pass-\$15.00

\* We’ve had a wonderful shows so far this season; this is our last “regular” competition of the year and only a handful of performances remain before the season comes to an end... let’s continue to raise the bar of excellence and love what we do—time is fleeting with each passing contest, rehearsal, run-through, etc. Here’s to a great day! -Walters

